



**INSTRUCTION TO AUTHORS**

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The JPPS agrees to accept manuscripts prepared in accordance with the "Uniform Requirements submitted to the Biomedical Journals" published in the British Medical Journal 1991; 302: 334-41. All material submitted for publication should be sent exclusively to the Journal of Pakistan Psychiatric Society. Work that has already been reported in a published paper or is described in a paper sent or accepted elsewhere for publication should not be submitted. However a complete report following publication of a preliminary report, usually in the form of an abstract, or a paper that has been presented at a scientific meeting, if not published in full in a proceedings or similar publication, may be submitted. Press reports of meetings will not be considered as breach of this rule, but such reports should not be amplified by additional data or copies of tables and illustrations. In case of doubt, a copy of the published material should be included with a manuscript to help the editors decide how to deal with the matter.

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The material submitted for publication may be in the form of an Original research, a Review Article, Special article, Commentary, Short Communication, a Case Report, Recent Advances, New techniques, Debates, Book/CDs Review on Clinical/Medical Education, Adverse Drug Reports or a Letter to the Editor. Original articles should normally report original research of relevance to clinical medicine, and may appear either as papers or as shorts communications.The paper should be of about 2000 words, with no more than six tables or illustration; short communications should be of about 600 words, with one table or illustration and no more than five references. Clinical case reports and brief or negative research finding may appear in this section. Review Article should consist of structured over view of some relatively narrow topic providing background and recent development with reference of original literature. An author can write a review article only if he/she has written a minimum of three original research article and some case reports on the same topic.

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Tables and illustration should be merged with in the text of the paper, and legends to illustrations should be typed on the same sheet. Tables should be simple, and should supplement rather than duplicate information in the text; tables repeating information will be omitted. Each table should have a title and be typed in double space without horizontal and vertical lines on an 8 ½"X 11" (21.5cm X 28.0cm) paper.Table should be numbered consecutively with roman numerals in the order they are mentioned in the text. Page number should be in the text. Page number should be in the upper right corner. If abbreviations are used, they should be explained in footnotes and when they first appear in the text. When graphs scatter grams, or histograms are submitted, the numerical data which they are based should be supplied. All graphs should be made with MS Excel and be sent as a separate Excel file even if merged in the manuscript. For scanned photographs highest resolution should be used.

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System International (5.1) Unit measurement should be used. All drugs must be mentioned in their generic form. The commercial name may,however, be mentioned within brackets, if necessary.

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us); year volume and page number; e. g.: Hall, RR. The healing of tissues by CO2 laser. Br J. Surge: 1971; 58:222-225.Reference to books should give the names of editors, place of publication, publisher, and year. The authors must verify the reference against the original documents before submitting the article.

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Abstracts of original article should be in structured format with following sub-headings:

i.Objective

ii.Design

iii.Place & duration of study iv.Subjects & Methods

v. Results vi.Conclusion

Four elements should be addressed: why did you start, what did you do, what did you find, and what does it mean. Why did you start is the objective. What did you do constitutes the methodology and could include design, setting, patients or other participants interventions, and, outcome measures. What did you find is the results, and what does it mean would constitute your conclusion. Please label each section clearly with the appropriate sub-headings. Structured abstract for an original article should not be more than 250 words. Review article, case report and other requires a short, unstructured abstract. Commentaries do not require abstract.

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Conclusion should be provided under separate heading and highlight new aspects arising from the study. It should be in accordance with the objectives.

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